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BALANCING LIFE AND WORK SEMINAR: A PROFESSIONAL DEVELOPMENT TRAINING PROGRAM

The New York English Language Proficiency Center (NYELPC) will conduct the *Balancing Life* and Work Seminar: A Professional Development Training Program by region on the following dates and venues:

Region	Date	Venue
National Capital Region (NCR)	March 4-5, 2013	Technological University of the
		Philippines (TUP) IRTC
IV-CALABARZON	March 7-8, 2013	NYELPC Training Center, Cavite
Cordillera Administrative	March 14-15, 2013	Baguio City
Region (CAR)		
I	June 17-18, 2013	Pangasinan
III	June 27-28, 2013	Pampanga
V	July 4-5, 2013	Legaspi City
II	July 18-19, 2013	Tuguegarao City, Cagayan
VI	August 5-6, 2013	Iloilo City
IV-MIMAROPA	August 8-9, 2013	Puerto Princesa, Palawan
VII	August 12-13, 2013	Cebu City
VIII	August 15-16, 2013	Tacloban City, Leyte
IX	August 26-27, 2013	Zamboanga City
XIII (Caraga)	August 29-30, 2013	Surigao City, Surigao del Sur
X	November 4-5, 2013	Misamis Oriental, Cagayan de Oro
XI	November 7-8, 2013	Davao del Sur, Davao City
XII	November 18-19, 2013	
Autonomous Region in	November 20-21, 2013	Cotabato City
Muslim Mindanao (ARMM)		

The Seminar aims to:

- 1. inform the participants of the legal risk in the academic environment regarding unacceptable behavior which can lead to administrative, civil or criminal penalties;
- 2. teach them effective methods to control and avoid stress; and
- 3. enable them to learn how to maintain happiness while improving their productivity and performance, among others.

The educators, leaders, thinkers, planners, researchers and high school students from both public and private secondary schools are invited to attend this activity.

Participation of both public and private schools shall be subject to the no-disruption-of-classes policy as stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

For more information, interested individuals may contact:

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