

Republic of the Philippines
DEPARTMENT OF EDUCATION
Region IV-A CALABARZON

GROUND RULES FOR SEPAKTAKRAW

1. RULES OF THE TOURNAMENT (TEAM COMPETITION) SECONDARY BOYS

The tournament shall be run in accordance with the rules of the International Sepak takraw Federation (ISTAF) currently enforced.

Any unforeseen incidents not covered by the rules shall be dealt with as follows:

1. Case of general nature shall be resolved in accordance with the Palarong Pambansa Games rules.
2. Technical questions shall be refereed to and resolved by the Technical Committee.
3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Managers.

A. MODE OF COMPETITION

1. The tournament managers shall prepare the rules of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C and D. for the elimination. The top two (2) teams in each group shall advance to the crossover quarterfinals using the knock out system, the loser in the scheduled first game shall be ranked eight (8) placer and so on up to 5th placer.
3. There shall be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follows:

Winner Group A vs Runner-Up Group C
Winner Group B vs Runner-up Group D
Winner Group C vs Runner-up Group B
Winner Group D vs Runner-up Group A.

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain an equal number of points after the elimination, the following rules shall be applied.
 - 4.1. In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
 - 4.2. In case of triple tie, the set difference between the total score "for" and "against" from the point "for".
 - 4.3. The score difference of the matches played by each of the teams shall be decisive.
 - 4.4. If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

Contd. Page 2 – Ground Rules

B. COMPOSITION OF THE TEAM

1. A team shall be comprise of nine (9) players and three (3) reserve players. No player may play in more than one regu. Each regu shall be decided on a best of three (3) sets. The rules were based on the PalarongPambansa team
2. Under the new rule, a coach may register two (2) reserve players in each regu but may use only one (1) player.
3. Substitution of player is allowed on request of the official coach to the official referee when the ball is not in play.
4. Each regu shall be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has been already made, the regu shall not be allowed to continue and be considered as having lost.
5. Any regu having less than three (3) players shall not be allowed to continue the game and will be considered as having lost.

C. ENTRIES

Entries of each regions must be submitted accordintot the regulations imposed by the Organizing Committee of the PalarongPambansa rules. Rule of succession is applied. Fifteen (15) minutes grace period will be given to the team after the last or conclusions of the last match following their game schedule. Non-appearance of the team after the grace period given will mean forfeiture of the game in favor of the opposing team.

D. THE START OF PLAY AND SERVICE

1. The side who serve first shall serve first for three (3) consecutive services, following which the other side shall also serve for the next three (3) points regardless of which side wins a point.
2. A deuce (when both sides reaches 20-20) the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

E. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points.
2. In the event of twenty (20) twenty (20) tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first)
3. When the score is tied up 20-20 the match referee shall announce “setting up of 25 point”.

F. WEARING OF UNIFORMS REGIONAL COLOR

1. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
2. Players not wearing their proper uniforms during which their team or regu is scheduled to play shall not be allowed to play.
3. Players must wear their jersey uniform with permanent number at the back and front of their shirt or short, numbering 1 to 12.

G. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or their team for any misconduct or disturbances committed by the official or team during tournament whether in or outside the court.

H. GENERAL

In the event of any questions or any matter arising out of any point, which is not shall be final.

**GROUND RULES FOR SEPAKTAKRAW
SECONDARY BOYS
INTER-REGU COMPETITION**

- A. The tournament will be in accordance with the rules of International Sepaktakraw Federation (ISTAF) currently enforced.
- B. Any unforeseen incidents not covered by the rules shall dealt with as follows:
 1. Case of general nature shall be resolved in accordance with the PalarongPambansa Board rules.
 2. Technical questions shall be referred by the existing ISTAF rules, the final decision shall rest with the Technical Sub-Committee.

C. COMPOSITION OF A REGU

1. Each regu (team) shall compose of three (3) players and two reserve players.
2. Each match shall be decided on the best of three (3) sets.

D. MODE OF COMPETITION

1. The tournament manage shall prepare the rules of the tournament. The inter-regu/best regu competition shall be played in a single knock out system. The best regu shall compete in a two out of three 2/3 sets competitions.
2. Competitors are requested to report to the official referee and must be in the court and ready to play within five (5) minutes of the scheduled time of the match. -

3. Five (5) minutes rest shall be allowed at the end of the second set in the event of "one set all". The official referee at his discretion default the regu who fails to resume the third set after the five (5) minute rest expires.

E. ENTRIES

Entries of each region shall be submitted according to the regulations imposed by the Organizing Committee of the PalarongPambansa rules. Rules of succession is applied. Fifteen (15) minutes grace period shall be given to each regu. Non appearance of the regu after the grace period given will mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE

1. The regu which serve first shall serve for three (3) consecutive services, following every which the other regu shall also serves for the next three (3) consecutive services. Service shall alternate thereafter every three (3) points regardless of which side wins a point.
2. At deuce, when both sides reaches score of 20-20 the service shall alternate on every point.
3. The side which receives first in any set shall serve first in the subsequent set.

G. SCORING SYSTEM

1. Each set is won by side which scores twenty one (21) points with a minimum lead of two (2) points.
2. In the event of 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first).
3. When the score is tied at 20-20 the match referee shall announce "setting up of twenty five (25) points.

H. PROTEST

1. Any protest shall be lodged with the Chairman of the Jury of Appeal not later than one (1) hour after the conclusion of the match in question. Protest shall be submitted to the tournament manager with the signature of the Coach and the Head of Delegation.
2. The jury of Appeal shall meet and give the decision as soon as possible. The decision of the Jury of Appeal shall be final and conclusive.

I. WEARING OF UNIFORMS OR REGIONAL COLOR

- a. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
- b. Players not wearing their proper uniforms during which their team or regu is scheduled to play shall not be allowed to play.
- c. Players must wear their jersey uniform with permanent number at the back and front of their shirt or short, numbering 1 to 12.

Contd. Page 5 – Ground Rules

d. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or their team for any misconduct or disturbances committed by the official or team during tournament whether in or outside the court.

e. GENERAL

In the event of any questions or any matter arising out of any point, which is not shall be final.

f. AWARDS

Prizes shall be awarded in accordance with the PalarongPambansa Games Rules.

**GROUND RULES FOR SEPAKTAKRAW
ELEMENTARY DIVISION
REGU COMPETITION**

The tournament shall be run in accordance with the rules of the International Sepaktakraw Federation (ISTAF) currently enforced.

Any unforeseen incidents not covered by the rules shall be dealt with as follows:

1. Case of general nature shall be resolved in accordance with the PalarongPambansa Games rules.
2. Technical questions shall be refereed to and resolved by the Technical Committee.
3. In case of problems not covered by the existing ISTAF rules, the final decision shall rest with the Tournament Managers.

I. MODE OF COMPETITION

1. The tournament managers shall prepare the rules of the tournament.
2. The tournament shall be played in Single Round Robin System grouped into four, A, B, C and D. for the elimination. The top two (2) teams in each group shall advance to the crossover quarterfinals using the knock out system, the loser in the scheduled first game shall be ranked eight (8) placer and so on up to 5th placer.
3. There shall be quarterfinals, semi-finals and finals in this match. Winner in each group shall play with the first runner-up in the other group as follows:

Winner Group A vs Runner-Up Group C
Winner Group B vs Runner-up Group D
Winner Group C vs Runner-up Group B
Winner Group D vs Runner-up Group A.

4. Two (2) points shall be awarded for the win and zero (0) for a loss. If two (2) or more teams obtain an equal number of points after the elimination, the following rules shall be applied:
 - 4.1. In case of tie, win over the other shall be applied, where in the winner between the two (2) teams during their elimination game shall be declared winner.
 - 4.2. In case of triple tie, the set difference between the total score “for” and “against” from the point “for”.
 - 4.3. The score difference of the matches played by each of the teams shall be decisive.
 - 4.4. If these alternative are all found to be the same, then a decision taken by the toss of the coin shall be decisive.

D. COMPOSITION OF THE TEAM

1. A team shall be comprised of three (2) players and one (2) reserve players. Each match shall be decided on a best of three sets.
2. Substitution of player shall be allowed on request of the official coach to the official referee when the ball is not in play. **The player who has been substituted shall be allowed to re-enter in any set.**
3. **Each Regu (team) shall be allowed to make substitution for injury provided a substitution has not been made earlier. If substitution has already made, the regu (team) shall not be allowed to continue the game and shall be considered as having lost.**
4. **Any team having less than three (3) players shall not be allowed to continue the game and shall be considered as having lost.**

E. ENTRIES:

Entries of each region shall be submitted according to the regulations imposed by the Organizing Committee of the PalarongPambansa rules. Rules of succession is applied. Fifteen (15) minutes grace period shall be given to the team after the last or conclusion of the last match following their game schedule. Non-appearance of the team after the grace period given shall mean forfeiture of the game in favor of the opposing team.

F. THE START OF PLAY AND SERVICE

1. **At the start of play , the players of both regus must be in their respective court in a ready position.**
2. **The server serving the ball must have both feet outside the baseline.**
3. **The service shall be executed anywhere along the baseline without the server’s foot touching the baseline or enters the court.**
4. **The non-serving player in the court shall be within their side of the court and must remain stationary while the server is being made.**
5. **To prevent any deliberate attempts to obscure or impeded the receiving side’s view of the server, players are not permitted to raise their arms above shoulder height or to make deliberately distracting movements until the serve had been delivered**
6. **The opponent of the receiving regu is free anywhere within the court.**

G. SCORING SYSTEM

1. Each set is won by the side which scores twenty one (21) points with a minimum lead of two (2) points.
2. In the event of a 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty one (21) points (whichever occur first)
3. When the score is tied up to 20-20 the match referee shall announce “setting up of twenty five (25) points”.

g. WEARING OF UNIFORMS OR REGIONAL COLOR

- h. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
- i. Players not wearing their proper uniforms during which their team or regu is scheduled to play shall not be allowed to play.
- j. Players must wear their jersey uniform with permanent number at the back and front of their shirt or short, numbering 1 to 4

Contd. Page 5 – Ground Rules

k. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or their team for any misconduct or disturbances committed by the official or team during tournament whether in or outside the court.

l. GENERAL

In the event of any questions or any matter arising out of any point, which is not shall be final.

m. AWARDS

Prizes shall be awarded in accordance with the PalarongPambansa Games Rules.

GROUND RULES FOR SEPAKTAKRAW SECONDARY GIRLS INTER-REGU COMPETITION

1. The tournament will be in accordance with the rules of International Sepaktakraw Federation (ISTAF) currently enforced.
2. Any unforeseen incidents not covered by the rules shall dealt with as follows:
 - a. Case of general nature shall be resolved in accordance with the PalarongPambansa Board rules.
 - b. Technical questions shall be referred by the existing ISTAF rules, the final decision shall rest with the Technical Sub-Committee.

3. COMPOSITION OF A REGU

- a. Each regu (team) shall compose of three (3) players and two reserve players.
- b. Each match shall be decided on the best of three (3) sets.

4. MODE OF COMPETITION

- 4.1. The tournament manage shall prepare the rules of the tournament. The inter-regu/best regu competition shall be played in a single knock out system. The best regu shall compete in a two out of three 2/3 sets competitions.
- 4.2. Competitors are requested to report to the official referee and must be in the court and ready to play within five (5) minutes of the scheduled time of the match.
- 4.3. Five (5) minutes rest shall be allowed at the end of the second set in the event of "one set all". The official referee at his discretion default the regu who fails to resume the third set after the five (5) minute rest expires.

5. ENTRIES

Entries of each region shall be submitted according to the regulations imposed by the Organizing Committee of the PalarongPambansa rules. Rules of succession is applied. Fifteen (15) minutes grace period shall be given to each regu. Non appearance of the regu after the grace period given will mean forfeiture of the game in favor of the opposing team.

6. THE START OF PLAY AND SERVICE

- 6.1. The regu which serve first shall serve for three (3) consecutive services, following every which the other regu shall also serves for the next three (3) consecutive services. Service shall alternate thereafter every three (3) points regardless of which side wins a point.
- 6.2. At deuce, when both sides reaches score of 20-20 the service shall alternate on every point.
- 6.3. The side which receives first in any set shall serve first in the subsequent set.

7. SCORING SYSTEM

- 7.1. Each set is won by side which scores twenty one (21) points with a minimum lead of two (2) points.
- 7.2. In the event of 20-20 tie, the set shall be won by the side which gets a lead of two (2) points or when a side reaches twenty five (25) points (whichever occurred first).
- 7.3. When the score is tied at 20-20 the match referee shall announce "setting up of twenty five (25) points.

8. PROTEST

- 8.1. Any protest shall be lodged with the Chairman of the Jury of Appeal not later than one (1) hour after the conclusion of the match in question. Protest shall be submitted to the tournament manager with the signature of the Coach and the Head of Delegation.
- 8.2. The jury of Appeal shall meet and give the decision as soon as possible. The decision of the Jury of Appeal shall be final and conclusive.

9. WEARING OF UNIFORMS OR REGIONAL COLOR

- 9.1. Participating teams and coaches should wear the color of their respective regions assigned to them during their schedule games.
- 9.2. Players not wearing their proper uniforms during which their team or regu is scheduled to play shall not be allowed to play.
- 9.3. Players must wear their jersey uniform with permanent number at the back and front of their shirt or short, numbering 1 to 5

10. MISCONDUCT OF TEAM OFFICIALS

Disciplinary action shall be taken against Team Officials or their team for any misconduct or disturbances committed by the official or team during tournament whether in or outside the court.

11. GENERAL

In the event of any questions or any matter arising out of any point, which is not shall be final.

12. AWARDS

Prizes shall be awarded in accordance with the PalarongPambansa Games Rules.

Prepared by

Mr. LOLITO A. MAKIRAMDAM
Tournament Manager